Information about Denture Adhesives

- Denture adhesives, if properly used, can improve the retention and stability of dentures and help seal out the accumulation of food particles beneath the dentures, even in well-fitting dentures.

- Extended use, periods more than 6 months, of denture adhesives should not be considered without periodic assessment of denture quality and health of the supporting tissues by a prosthodontist or dental professional.

- Denture adhesives should be used only in sufficient quantities (3 or 4 pea-sized dollops) on each denture to provide sufficient added retention and stability to the prosthesis.

- Improper use of Zinc-containing denture adhesives may have adverse systemic effects. Therefore, as a precautionary measure, zinc-containing denture adhesives should be avoided. Acute overdose (more than 40mg per day) can lead to nausea, vomiting, loss of appetite, cramps, diarrhea and headaches.

- * Denture adhesives should be completely removed from the prosthesis and the oral cavity on a daily basis.

- If increasing amounts of adhesives are required to achieve the same level of denture retention, the patient should see a prosthodontist, or dental professional to evaluate the fit and stability of the dentures.