

# Issaqueena Pediatric Dentistry

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## Home Care Instructions for Post Sedation

- Two adults must accompany your child. One adult should drive, and the other should supervise your child on the way home.
- Watch your child for any breathing difficulties.
- Make sure no activities are planned or allowed for the remainder of the day.
- Your child should rest and take naps. When sleeping, encourage your child to lie on her or her side or stomach.
- Closely supervise your child.
- After sedation, the first drink should be plain water. Clear liquids can be given next (fruit juice, sugar-free Kool-Aid, Gatorade, ginger ale, soup broth). Small sips are preferable to large gulps.
- Soft, lukewarm, bland foods may be eaten when desired (mashed potatoes, yogurt, soup, pudding, ice cream, popsicles).
- Your child's temperature may be elevated to 101°F for the first 24 hours after treatment. Children's Tylenol and fluids will help lower the natural fever. If your child's temperature goes over 101°F, call our office.